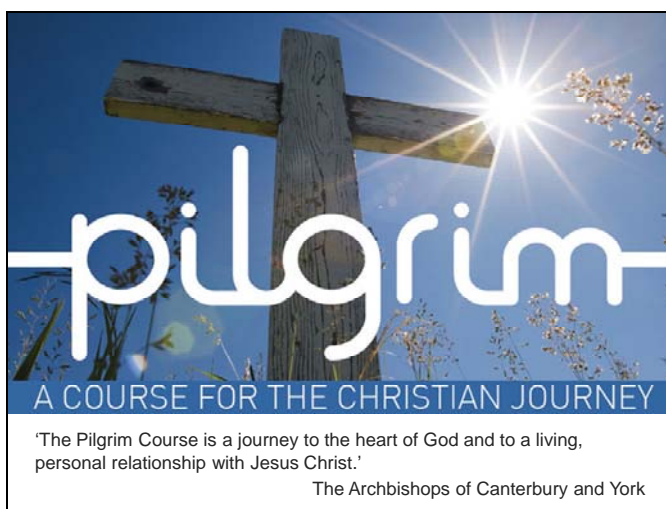


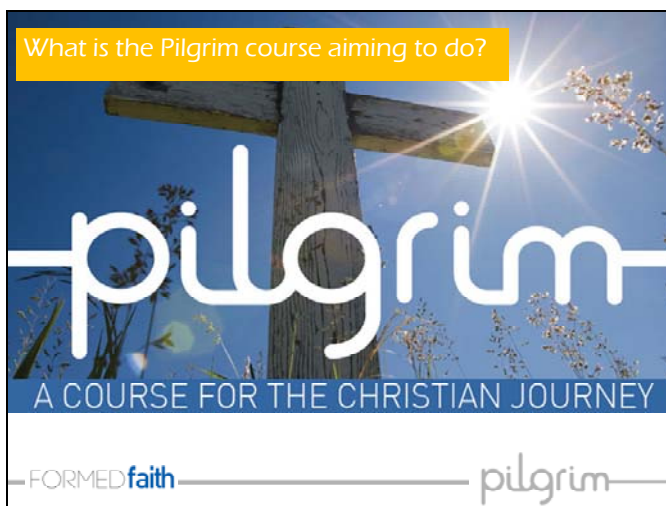
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A Course for the Christian Journey				
	What do Christians believe?	How do Christians know & worship God?	How do Christians behave?	What is the Christian vision for the world?
FOLLOW STAGE <i>Do you turn to Christ?</i>	1	2	3	4
	TURNING TO CHRIST	THE LORD'S PRAYER	THE COMMANDMENTS	THE BEATITUDES
	Available October 2013		Available January 2014	
GROW STAGE <i>Will you continue in the Apostles' teaching and fellowship?</i>	1	2	3	4
	THE CREEDS	THE EUCHARIST	THE BIBLE	CHURCH & KINGDOM
	Available September 2014		Available January 2015	



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Twitter

Wed 6 Oct 14 @ 10:07

RT @CatholicResources: It's amazing Christianity with no translation? Could @PilgrimCourse work for you? <http://bit.ly/1KXGdGf>

Latest news

➤ **Archbishop of York leads Pilgrim's "great success"**
The Archbishop of York, Dr Julian Spence, has hailed the success of Pilgrim in the last year, as we launch new materials for the Grow Stage.

➤ **Great Value Grow Stage Pack**
We are delighted to announce a new special offer pack to help you

Sign up for emails

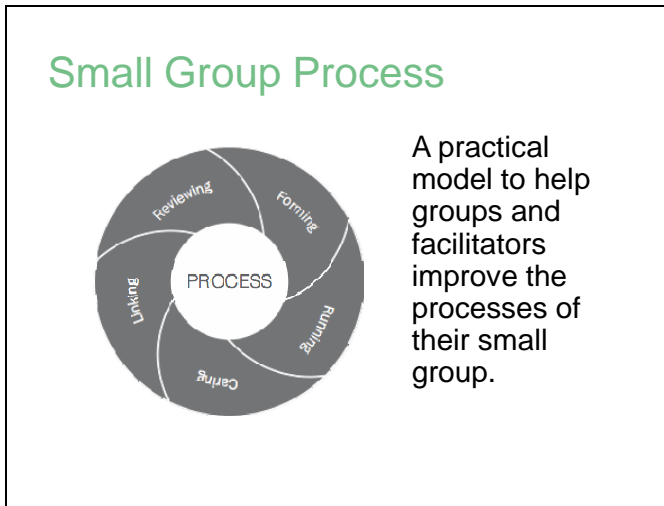
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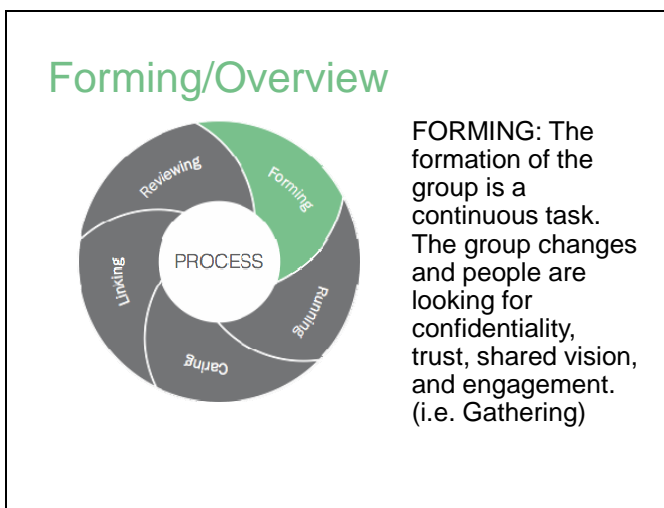
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Forming/Inviting Others

Some simple ideas for inviting people along:

- First night social event
- A flyer or brochure
- Web site
- Ask people in person (do they need transport, child care?)
- Monitor the intimate group/clique issue



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Forming/Within a Group



Some simple ideas for helping the forming process:

- Do you ask about people's week?
- Have you thought about asking questions to stimulate more in-depth conversation without being confrontational?
- Is there time for open discussion?
- Is there time for group prayer?
- Supper/dinner?

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Forming/Ground Rules

Key questions to ask people

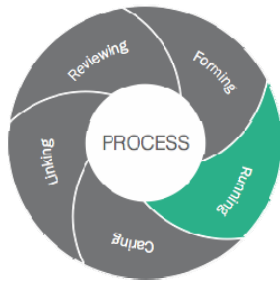
- What do people want to get out of it?
- What do people expect of each other?
- What do people expect of the facilitator?
- Do this at the beginning of every new study (also use this after a study as a great way to review happened)

Should also be four basic 'rules'

1. Confidentiality
2. There is no such thing as a stupid question or comment
3. No one is forced to talk
4. No "put downs"

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Running/Overview



RUNNING: The running of the actual group is the process that concentrates on facilitating the actual small group session.

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Running/Important Tips

Preparing

- Pray and think about your group members
- Read the material prior to the meeting
- Read the readings prior to the meeting.
- Watch the video and listen to the audio reflection.
 - Need for adjustment/adaptation?
 - What will you use?



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Running/Important Tips



The Physical Environment

- Can everyone see everyone? Does anyone sit outside the circle?
- Is it too hot or too cold?
- Is the lighting ok for everyone (e.g., those with a vision impairment)
- Can everyone hear everyone? (e.g., those with hearing impairment)
- Are there distractions? Is there comfortable seating? Privacy?
- Can you see a clock?

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Running/Ground Rules

Example Format (90 minutes Total)

7.30PM Informal Catch-up and Fellowship

7.45PM Opening Prayer followed by Study

- Conversation
- Film
- Reflection on Scripture

8.45PM Group Prayer

9.00PM Close

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Running/Important Tips

Is time being managed?

Listen

- Don't speak too much. Before you speak, ask yourself "Is this for me, or is this going to assist the process?"
- When people are talking, think as if you will need to summarise (not interpret) what people are saying.
- Use Silence



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Running/Important Tips



Using questions appropriately

- Use closed questions sparingly (unless for a very specific reason)
- Most of the Pilgrim questions are open questions
- Ask questions to clarify or draw people out
- Don't target individuals (unless they tried to speak and were cut off)

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Running/Important Tips

Group prayer

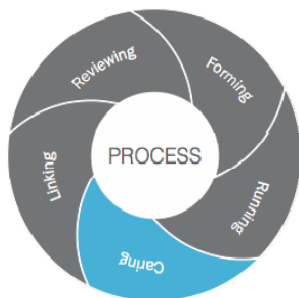
- Ask what people would like prayer for (or use a strategy)?
- Get someone to open, you can finish off
- Use silence
- Keep it simple!
- Be affirming!

Resources

- Bibles (including study Bibles)
- Pilgrim and FormedFaith websites
- Commentaries
- Dictionaries
- Computer software (especially on iPad/tablet etc.) & websites
- Study guides

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Caring/Overview



CARING: The pastoral care of group members is a shared responsibility and includes prayer.

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Caring/Important Tips

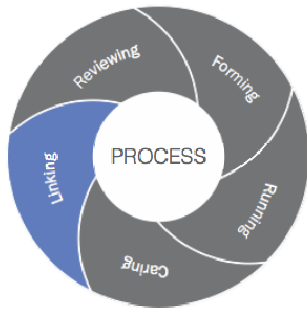
All members cared for,
but not necessarily all members caring...

- Do you contact participants outside of session?
- Are you praying for them daily?
- Do you know what is happening in their lives?
- Do you expect to be ministered to?
- What are the key things you can do to care for your group members?



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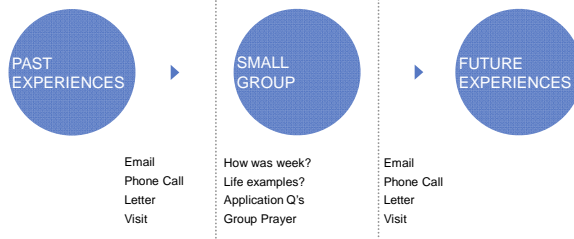
Linking/Overview



LINKING: refers to the continuous process of managing transitions from week-to-week, between studies, and within studies.

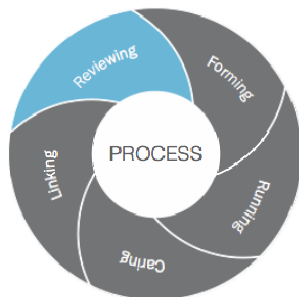
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Linking/Transitions



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Reviewing/Overview



REVIEWING: is the continuous intentional process of reflecting on the health of the group and members.

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Reviewing/Approaches

Group review - periodic

- Ask people for feedback (in your emails, beginning of sessions, etc)

Group review - example method

- At the end of a Pilgrim book, run a review session.
- This session should be an open forum.
- SWOT (Strengths, Weaknesses, Opportunities, Threats).
- Focus on both content and process.
- Are expectations being met?
- Monitor the intimate group/cliq issue

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Reviewing/Approaches

Facilitator review

- Reflect & pray on your management of the five processes
- Ask individuals
- Keep notes for yourself



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